

Letsgobeartravels (2 weeks holiday) Luggage Packing guide



Pt 2/3 - EVERYTHING ELSE YOU NEED (CHECK IN LUGGAGE)

FIRST AID KIT	
• Digital thermometer	
• Children's Paracetamol, anti-histamine	
• Adults Paracetamol, anti-histamine, nasal spray	
• Gastro medications	
• Antiseptic cream	
• Band-aids	
VITAMINS & HEALTH ESSENTIALS	
• Hydralite	
• Steroid cream	
• Heat pain relieve patch (for parents) – we love Salonpas	
• Sore throat lozenges	
• Eucalyptus chest rub	
• Multi vitamins	
TOILETRIES	
• Hand sanitizer	
• Disinfecting wipes	
• Shampoo	
• Soap	
• Body moisturizer	
• Face wash	
• Face moisturizer	
• Mum's make up set	
• Nail clipper	
• Lip balm	
• Toothbrushes	
• Toothpastes	
ELECTRONICS	
• Phones & chargers	
• Power bank	
• iPad & charger	
• Travel adaptor	
• Camera, GoPro (husband's department)	